

# **ÉQUI-LIBRE SUMMER CAMP PROGRAMS**

Our inclusive day camp programs offer fun and challenging activities for children of all abilities. We work hard to provide a successful summer experience for all campers by offering special training for our staff, providing adaptive equipment where needed, and planning modified programs.

Upon request, your child can benefit from one-on-one support opportunities for campers requiring additional assistance within the camp setting.

Our camp hours are 9am to 4pm, with early drop-off and late pick-up available upon request for an additional fee.

Pony camp: (5-8 years old) \$350/ week

Our new agri-venture pony program offers a fun-filled week of hands-on learning and adventures! Activities include horseback riding, pony challenges, exploring and discovering the natural world, learning about horses, arts & crafts, water games and special theme days. Every day is structured and scheduled with multiple activities to suit everyone's interests.

**Riding camp**: (ages 8-13+) \$490/ week

This program offers an exciting week of horsemanship fun. Participants will improve their equestrian skills both in the saddle and on the ground. We provide a practical learning experience about stable management and horse care, including grooming, tacking and bathing horses, helping with light chores, equine care, nutrition, health and first-aid. Geared towards preparing young equestrians to pass their Level 1 and 2 rider levels Cheval Quebec's Learn to Ride Program. Outdoor games and craft activities are also included.

### Leaders in training (14-17 years) \$120/ session

Designed for teens ages 14 to 17 (as of June 1), this program will help them in their quest to become a camp monitor or counsellor. This hands-on program provides participants with real-life work experience, helping them develop important skills, gain knowledge, and build confidence. Leaders will learn a variety of skills and techniques by taking part in a 70-hour fieldwork experience at Équi-Libre Day Camp. All LITs will have, as of June 27, six weeks to complete their 70 hours of practical fieldwork. The fieldwork schedule will be determined according to the LITs' availabilities and the needs of Équi-Libre.

All Day Camp LITs will be invited to participate in team meetings and staff theoretical training in June before the start of the summer season. These meetings will allow LITs to gain more skills and knowledge before the beginning of the practical fieldwork and will allow them to better understand how to organize and operate a day camp. Following their registration to the program, all LITs will be contacted by a member of our team to plan and discuss their schedule.

To end the program on a high note, all LITs will be invited to participate in a meeting on Monday, August 22. During this meeting, techniques to create an effective resume, to write an engaging cover letter as well as to succeed a job interview will be presented. A certificate of achievement will be handed to all of those who have successfully completed the program.

#### \*\*\*EARLY BIRD DISCOUNTS\*\*\*

Register and pay deposit of 50% of camp fees by March 15th - save 5%

### **Registration Details**

- Space in the camps is limited, and spots are only reserved once the registration form and the 50% deposit are received. Once an application has been processed, we will email or contact you by phone to confirm your place in the camp.
- If the week that you have requested is not available or you have made a choice that is not appropriate, our office will call and try to fit you into an appropriate slot. We require a minimum of 8 participants for the week to be held.
- If enrollment is not sufficient, we reserve the right to contact you up to 4 weeks before the start to make alternate plans.
- Registration and medical forms must be completed and signed annually. For the protection, safety, and benefit of each rider, no one will be allowed to participate if their forms are not current.
- Please share any relevant information that will assist us in making this a positive experience for your child, i.e. behavioural/emotional details, assistive measures, etc. It is the parent/guardian's responsibility to ensure that all necessary emergency information (i.e. medical and special needs) has been disclosed.
- If your child has never been to a program at Équi-Libre, please indicate their horse experience at the time of registration.

### **Payment Details**

Total fees for each week are:

Pony Camp \$350 / week
 Riding Camp \$490 / week
 Leaders in training \$120 / week

- A non-refundable deposit of 50%, in addition to a complete online application, is required to reserve your spot at the time of registration.
- Payment of the total balance must be received no later than June 1, 2023.
- No refunds will be given for missed camp days or early withdrawal.
- A half-day enrolment option will not be offered at a lower registration cost.
- In the case of cancellation, notice received more than 30 days before the registered week
  will receive a full refund of fees (excluding the non-refundable deposit). Where notice is
  received less than 30 days before registered week, only 50% of fees will be refunded
  (excluding the non-refundable deposit).

## What to wear & pack

Below is a list of what to wear to camp each day:

- Campers should come to camp each day in comfortable, weather appropriate clothing (shorts and t-shirt)
- o A hat is strongly recommended for protection from the sun
- Shoes must be closed-toed like running shoes (sandals are not permitted around the horses)
- Please apply sunscreen and bug spray before arriving at camp

Below is a list of items to be packed in a backpack each day:

- Cold, nut-free lunch in a lunch box with ice pack
- Two snacks
- Reusable water bottle (we have safe, drinkable water at the stable to refill bottles, but it has a distinct taste. If your child is sensitive, please make sure to pack them enough water for the entire day)
- o Sunscreen (applied before arrival, will reapply at lunch time, or as often as needed)
- Bug spray (applied before arrival, will reapply at lunch time, or as often as needed)
- Bathing suit for water games (a swim shirt is recommended as we will likely be in direct sun)
- Water shoes / sandals (for water games only)
- Beach towel
- Smock (old shirt to wear for crafts & painting activities)
- Long pants (ex: leggings, for riding lesson)
- Shoe with small heel (ex: rain boot, for riding lesson)
- Raincoat
- o Extra outfit, including socks and underwear in case of an accident

If you have questions, please get in touch with our Program Coordinator at camp@eltrc.org or 438-403-3341

### **CAMP REGISTRATION FORM**

Camper information		
Name:	Date of birth:	
Parent/guardian name:	Phone no.:	
Parent/guardian name:	Phone no.:	
Address:	City, postal code:	
Email:		
Language(s) spoken / understood:		
Person to contact in case of emergency (First, followed by)	Parent(s) / guardian(s) above will be contacted	
Name:	Relationship to camper:	
Phone #1:	Health card number of rider:	
[D (60 D)   (All )		
must be listed below)	arents/guardians authorized to pick up a camper	
Name:	Phone no.:	
Name:	Phone no.:	
Name:	Phone no.:	
Photo & video consent		
I consent to authorize the use and reproduction by Équi-Libre Therapeutic Riding Centre of any and all photographs and any other audiovisual materials taken of me for promotional material, educational activities, exhibitions, or for any other use for the benefit of the program?  O Yes / O No		
Health information		
New campers (not existing riders/clients) with a physical or intellectual disability will be asked to complete the <b>medical release form</b> and come to the Centre for a brief assessment. All new and returning campers must fill out the section below.		
Does the camper have a diagnosis:  O Yes / O No	If yes, please specify:	
Height:	Weight (max 160lbs for mounted activities):	

Health Information (continued)	
Diabetic: O Yes / O No	Insulin: O Yes / O No
Ambulatory:  Yes / No	If no, please indicate equipment used:
Medication: O Yes / O No	If yes, please specify:
Allergies:  Yes / No Epipen: Yes / No	If yes, please specify:
Does the camper have any emotional or behaving the specify:	vioral challenges: O Yes / O No
Any additional information about the camper:	
Camp type, week selection & extras	
After having read the camp type descriptions in selection below:	n the first section of this form, please make a
O Pony Club (ages 5-8) 350\$ per week	
O Riding Camp (ages 8-13+) 490\$ per week	
O Leaders in Training (ages 13-16) 120\$ (pe	r session)
Please select which week(s) you wish for your participate:	child to
○ Week 1: July 3-7, 2023	Week 4: July 31-August 4, 2023
○ Week 2: July 10-14, 2023	Week 5: August 7 -11, 2023
○ Week 3: July 17-21, 2023	Week 6: August 14-18, 2023
Does your child require a 1:1 camp integration assign an aid if necessary)  O Yes / O No	aid? (upon assessment, we reserve the right to
Will you need early drop-off / late pick-up? (the to 5pm pick-up, 10\$ each per day)	e centre can accommodate 8am drop-off and up
◯ Yes / ◯ No	
If yes, please specify morning / afternoon, and	specific days:

Terms and conditions (Initial beside after reading and understanding each item)		
	Right to refuse services Équi-libre Therapeutic Riding Centre reserves the right to not accept or remove a camper from our program whose behavior is an imminent risk to themselves and/or other children in the camp;	
	Emergency plan If the camper should need emergency medical treatment and staff are unable to contact the parents/guardians listed or our emergency contact, I, the parent/guardian, give consent for the staff to act on our behalf, on the understanding that every effort will continue to be made to reach the emergency contacts.	
	Risks inherent to the activity I acknowledge the risks inherent to the horse and / or to any equestrian activities, regardless of the safety measures in place, and of the level of supervision from the staff as well as the level of skill and experience of the riders and the side walkers, including but not limited to: Physical injuries that can possibly lead to death, due to: The unpredictable nature of the behavior of the horse (sudden halt, the change of direction, acceleration, bucking, backing up, biting, abrupt departure, etc.); A participant, volunteer or staff member acting in a negligent manner, including but not limited to, failing to maintain control of the horse or failing to act with the required skills; A food allergy; Heatstroke; Injuries sustained from an object located in the center, such as equipment, the facility, etc. I acknowledge having been informed on the risks inherent to my presence on the grounds of Équi-Libre Therapeutic Riding Centre. I acknowledge that this list only represents a few of the possible risks and I agree to assume all other risks not mentioned above.	
	Degree of bodily contact when working with clients It is understood that instructors and trained volunteers may need to physically assist riders when mounting, dismounting and/or while riding a horse. Any bodily contact provided by trained staff or personal care workers is in the interest of providing a safe and fun environment for children and will be undertaken with the utmost discretion. If a participant's behaviour becomes an imminent risk to themselves or any other individual, trained staff may be required to perform a physical restraint and remove the participant to a safer location. Physical contact is only used as a last resort and when all verbal means of managing the situation have been exhausted and will be done with the safety, dignity and well-being for the participant and others in mind.	
	Assumption of risk and release of liability I agree as a precondition to my participation or the participation of my child in a riding, wellness, learning, camp or therapy program at Équi-Libre Therapeutic Riding Centre. I acknowledge the risks, the potential for risk, of horseback riding. However, I feel that the possible benefits to myself / my son / my daughter / my ward are greater than the risk assumed. I hereby, intending to be legally bound for myself, my heirs and assigns, executors or administrators, waive and release forever, all claims for damages against Équi-Libre Therapeutic Riding Centre, its instructors, therapists, aides, volunteers, and/or employees for any and all injuries and/or losses that I / my son / my daughter / my ward may sustain while participating in programming / receiving services from Équi-Libre Therapeutic Riding Centre.	

Payment information	
A deposit of 50% along with your completed registration form is required to reserve your spot. The balance must be paid 7 days prior to the start of your child's camp week.	
Openosit of 50% sent by e-transfer to <a href="mailto:comptes@eltrc.org">comptes@eltrc.org</a>	
Completed registration form sent to <a href="mailto:camp@eltrc.org">camp@eltrc.org</a>	
RL-24 Childcare Expenses	
Participation in our day camp qualifies you to claim the expense on your provincial tax return. Please fill in the section below if you would like to receive an RL-24 form:	
Name of parent claimant: SIN:	
Name of parent claimant: SIN:	
I certify that the information contained in this form is accurate to the best of my knowledge. I certify that I did not deliberately omit information about my health condition or the health condition of my child, relevant or not. I am aware that the information contained in this form is confidential and aims to better plan and supervise the safety of the activities in which I will participate.	
Name of camper (please print):	
Name of parent/guardian (please print):	
Signature (of the client or legal representative): Date:	